



SBHC Advisory Committee

November 2, 2023 3:30pm

Agenda - March 9, 2023

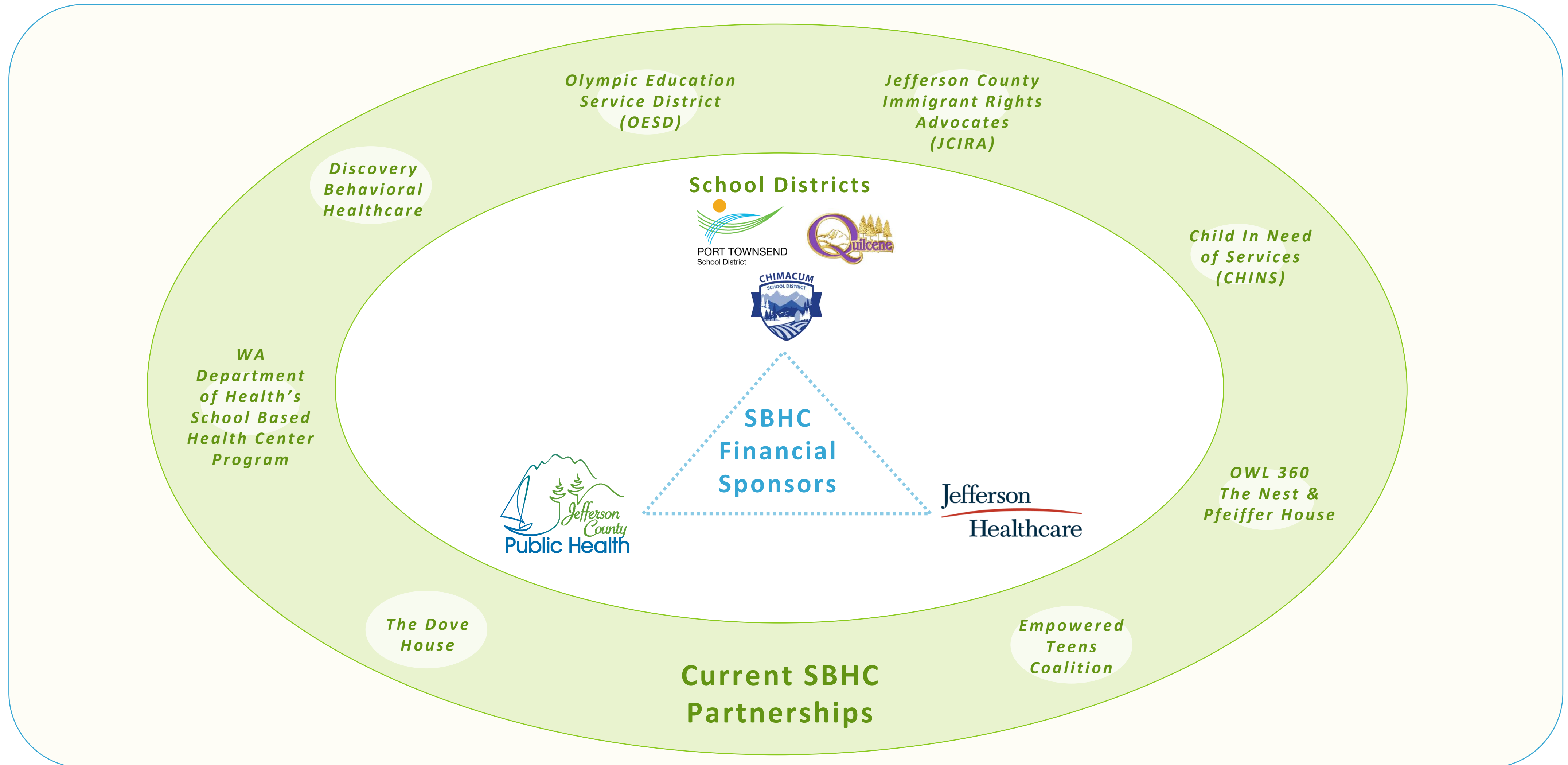
1. Introductions – [Dr. Melinda Bower](#)
2. School District Updates re: SBHCs— a) sexual assault policy b) Blue Heron/OCEAN update
3. Review 2022-2023 SBHC Report – [Susan O'Brien](#)
4. WA DOH SBHC Grant Update – [Dr. Melinda Bower](#)
5. Inclusivity Project, Youth Engagement and Survey
6. Behavioral Health Update
7. Medical Update
8. Naloxone in Schools
9. Ongoing Conversations:
 - Vaping
 - Ideas around supportive housing for students
 - YSBIRT
10. Future Meetings: Thursday, March 15th, 2023 @ 3:30pm (Chimacum library?)
Thursday, May 23rd, 2023 @ 3:30PM (Quilcene?)

What is a School Based Health Center?

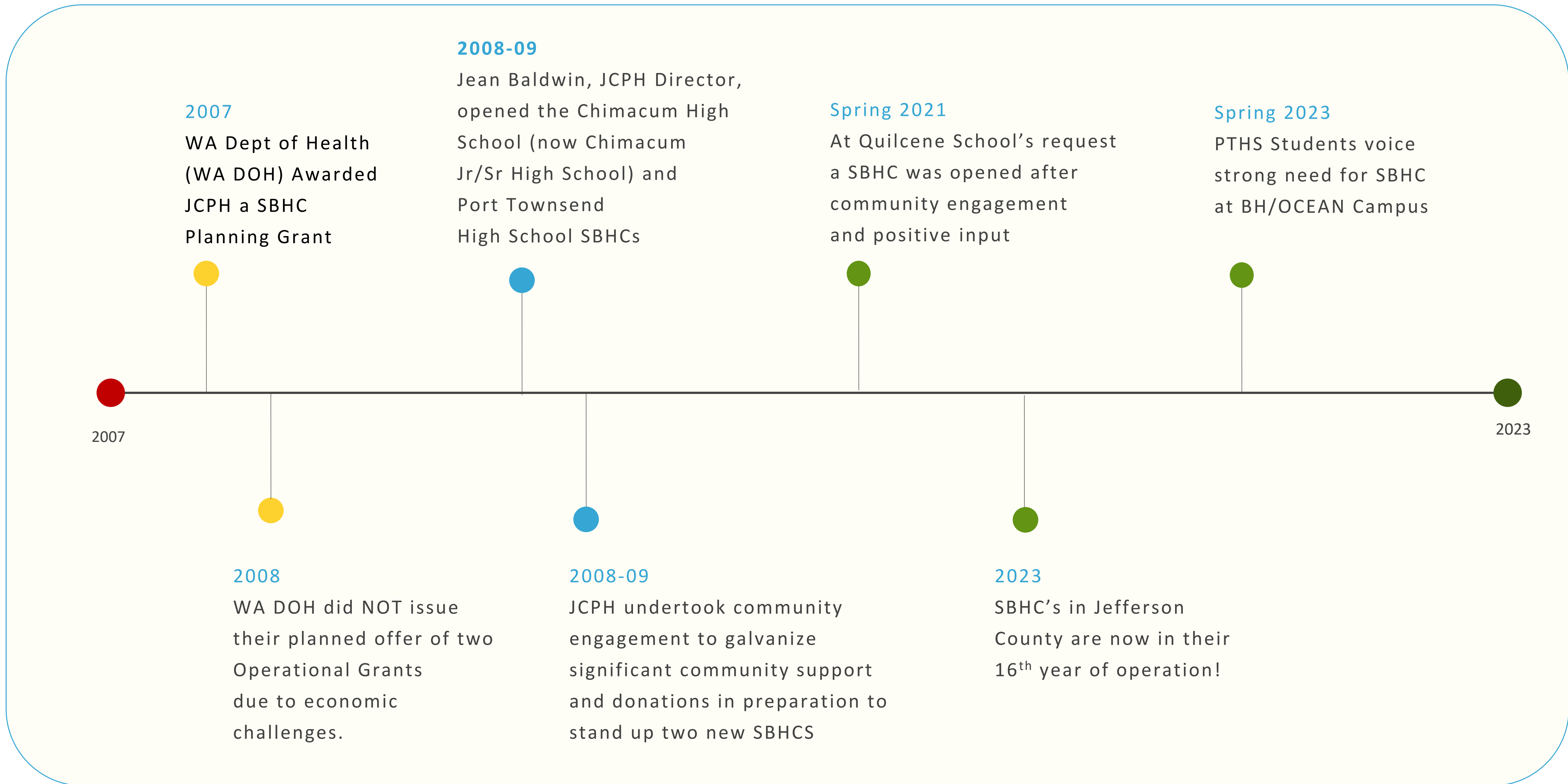
- A Health Clinic on the School Campus
- Comprehensive Medical Services
- Mental Health services
- Located on school campus but confidential and separate from school
- Convenient access to health care for students
- Consent from parents per state laws
- Medical providers coordinate with student's Primary Care Provider



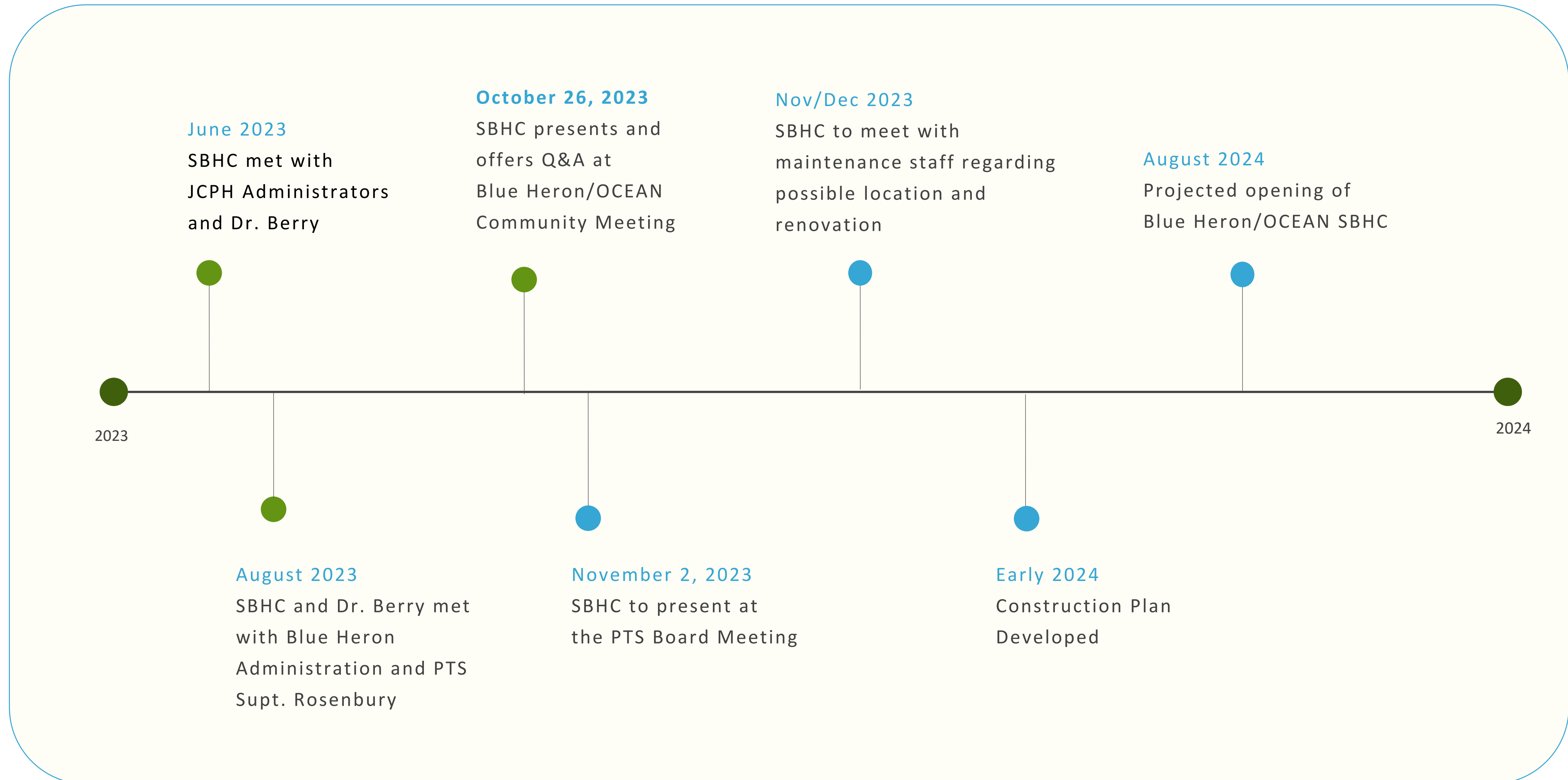
Overview: SBHC Sponsors and Partners



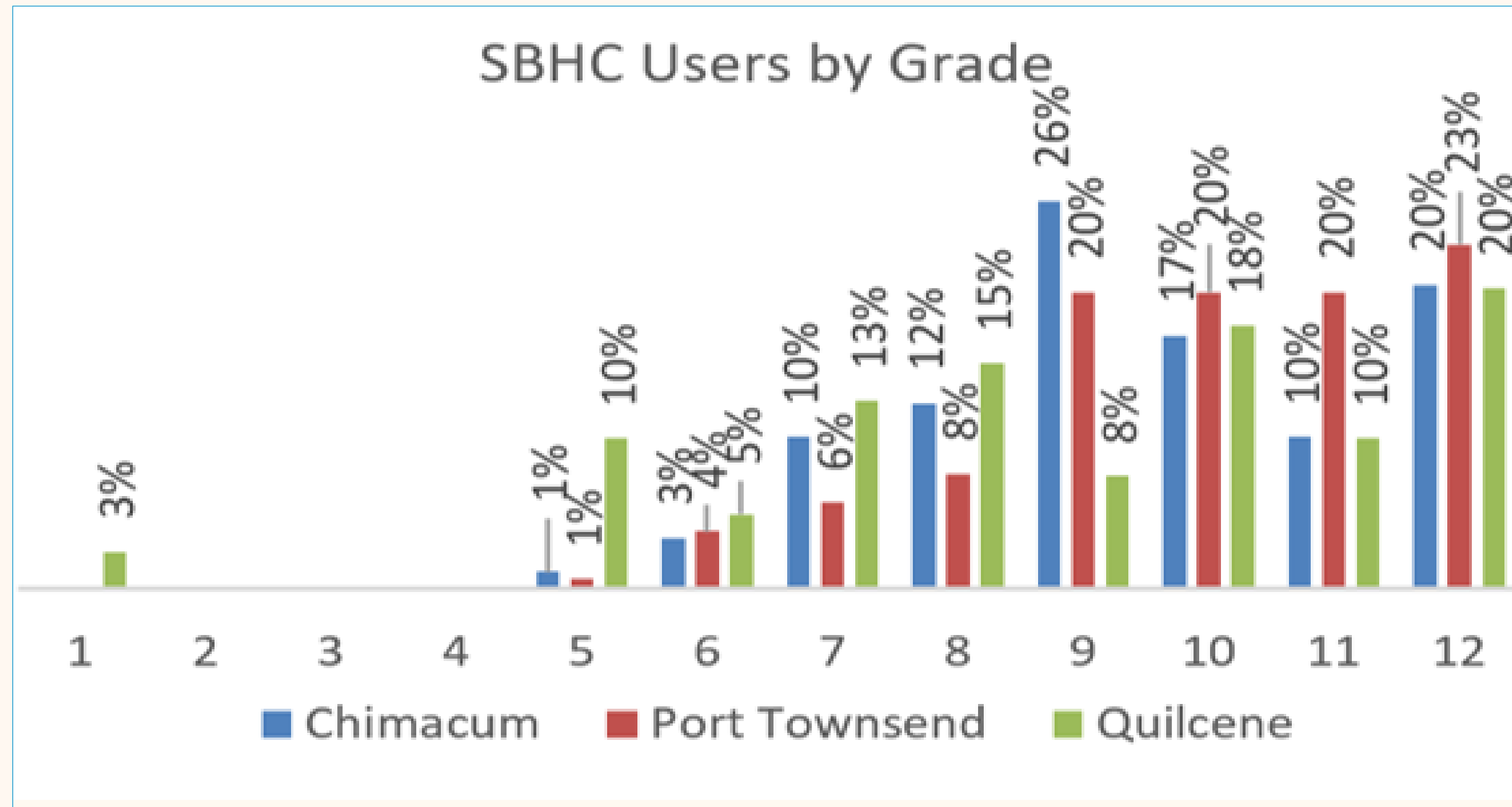
East Jefferson County's SBHC Historical Perspective



Blue Heron/OCEAN SBHC - Current and Projected Timeline



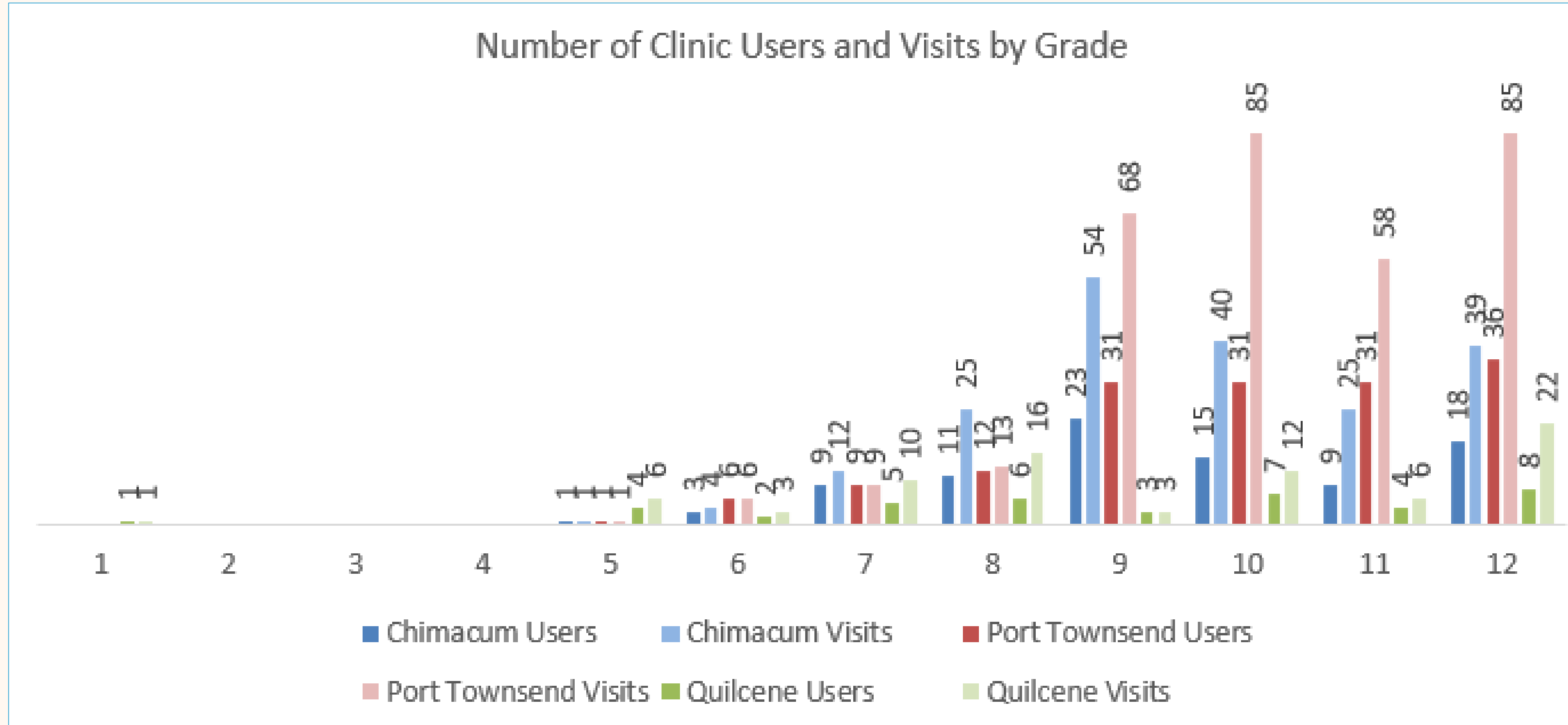
2022-23 SBHC Medical Services



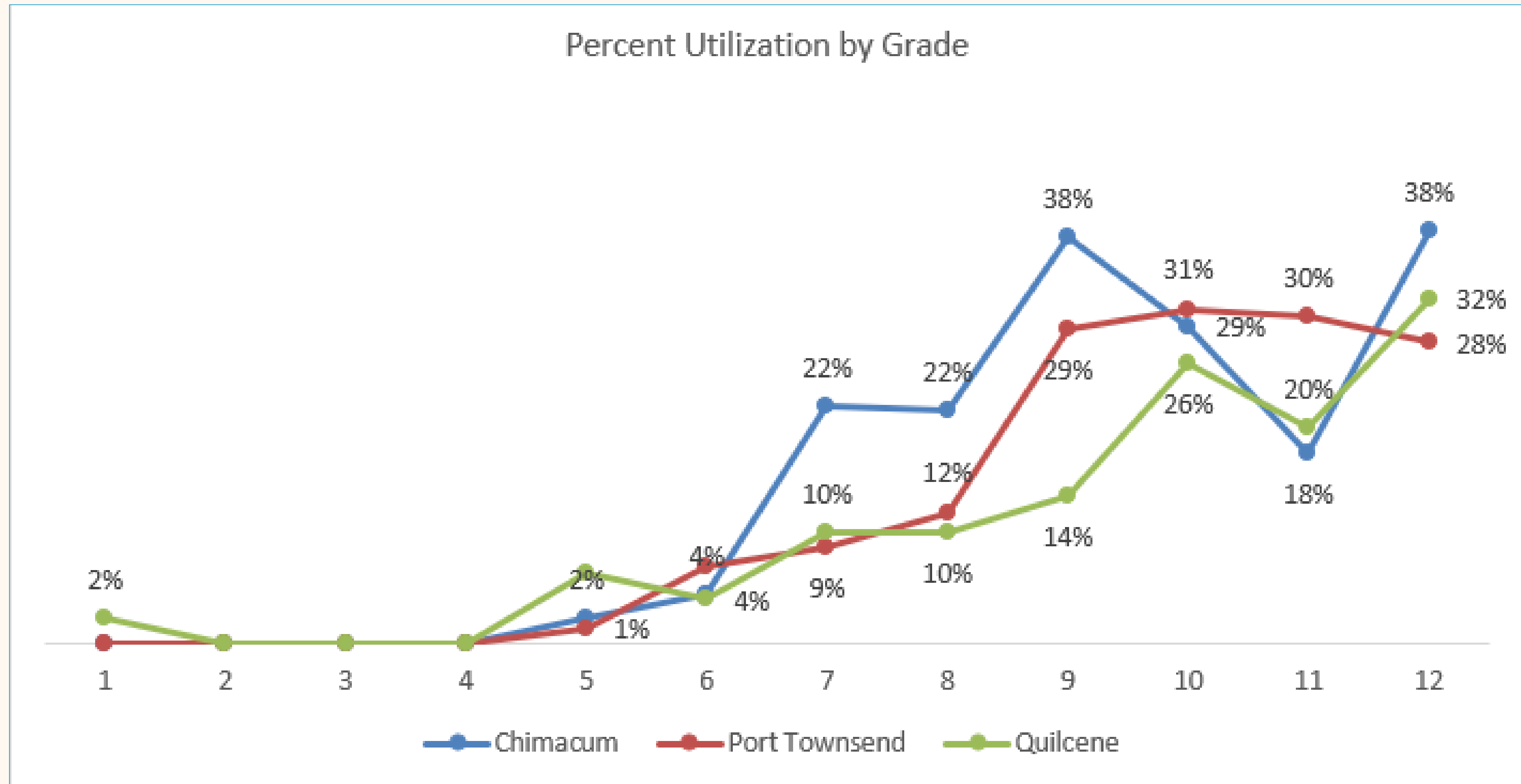
SBHC Usage

SBHC Utilization Summary				
	Chimacum	Port Townsend	Quilcene	Overall
Total visits	200 (G 9-12: 158)	325 (G. 9-12: 296)	79 (G. 9-12: 43)	604 (G 9-12: 497)
Total users	89 (G 9-12: 65)	157 (G. 9-12: 129)	40 (G. 9-12: 22)	286 (G 9-12: 216)
Clinic days with visits	80	82	45	154
Ave. visits by clinic days ¹	2.5	4.0	1.8	3.9
Ave. visits per month ²	18	30	7	18
Ave. visits by client	2.2	2.0	2.0	2.1
Range of visits by client	1 - 14	1 - 16	1 - 8	1 - 16
Total Enrollment ³	G. 1-8: 420 G. 9-12: 210	G. 1-8: 736 G. 9-12: 437	G. 1-8: 430 G. 9-12: 94	G. 1 - 8: 1,586 G. 9 - 12: 741
Utilization Rate	G 1-8: 6% G 9-12: 31%	G 1-8: 4% G 9-12: 30%	G 1-8: 4% G 9-12: 23%	G 1-8: 4% G 9-12: 29%

Number of Clinic Users and Visits by Grade

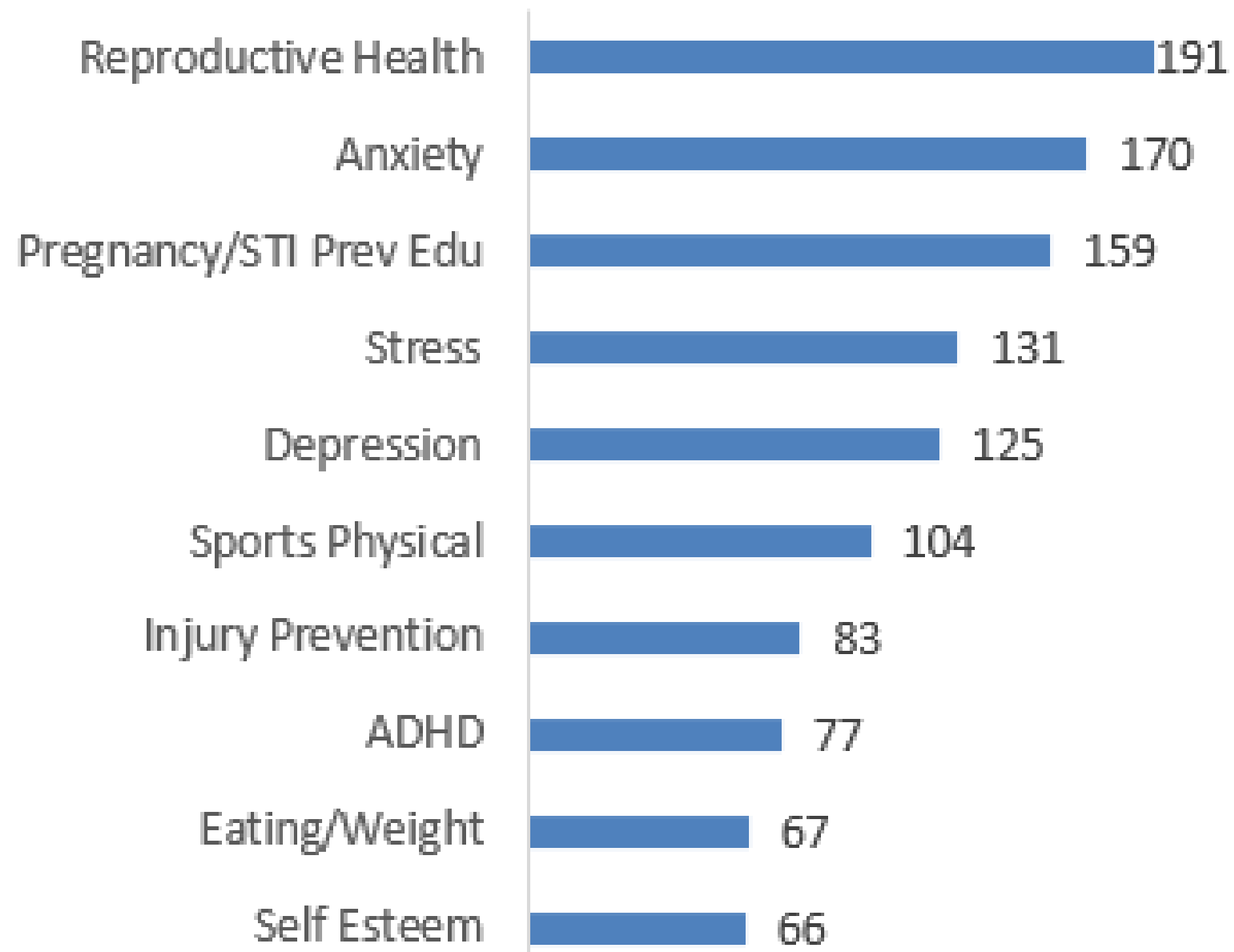


Percent Utilization by Grade

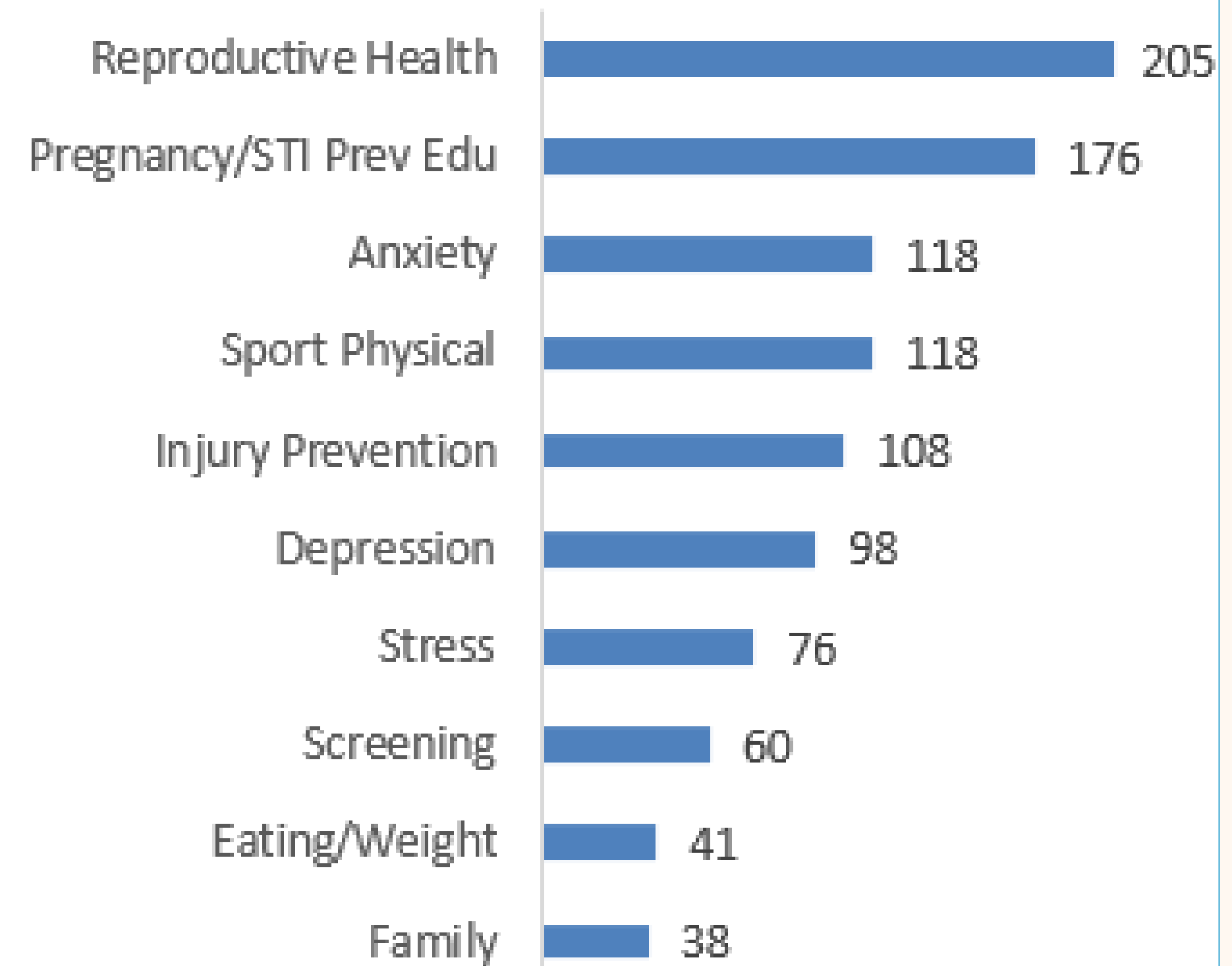


2022-23 SBHC Medical Services

Top 10 Student Concerns

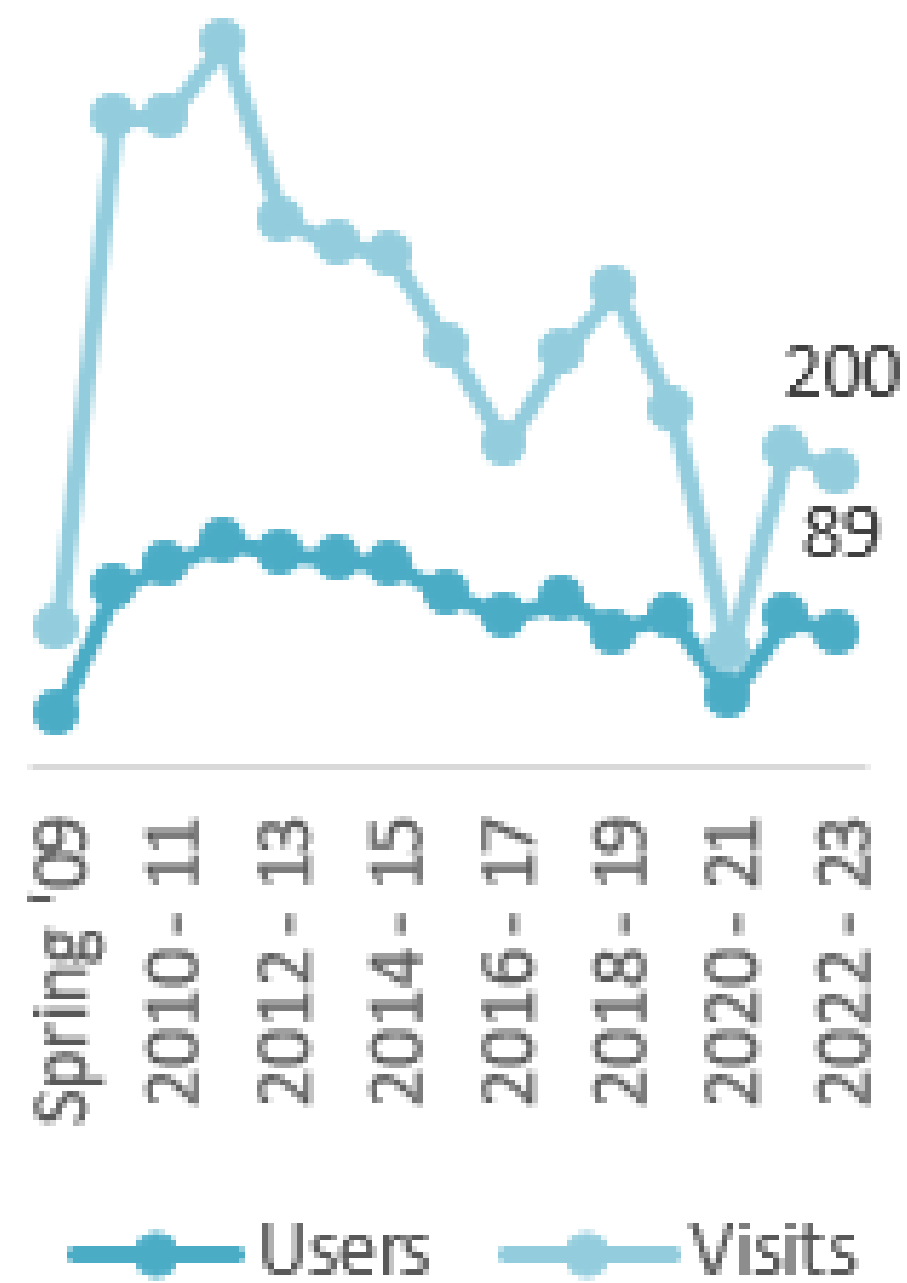


Top 10 Issues Addressed by Clinicians

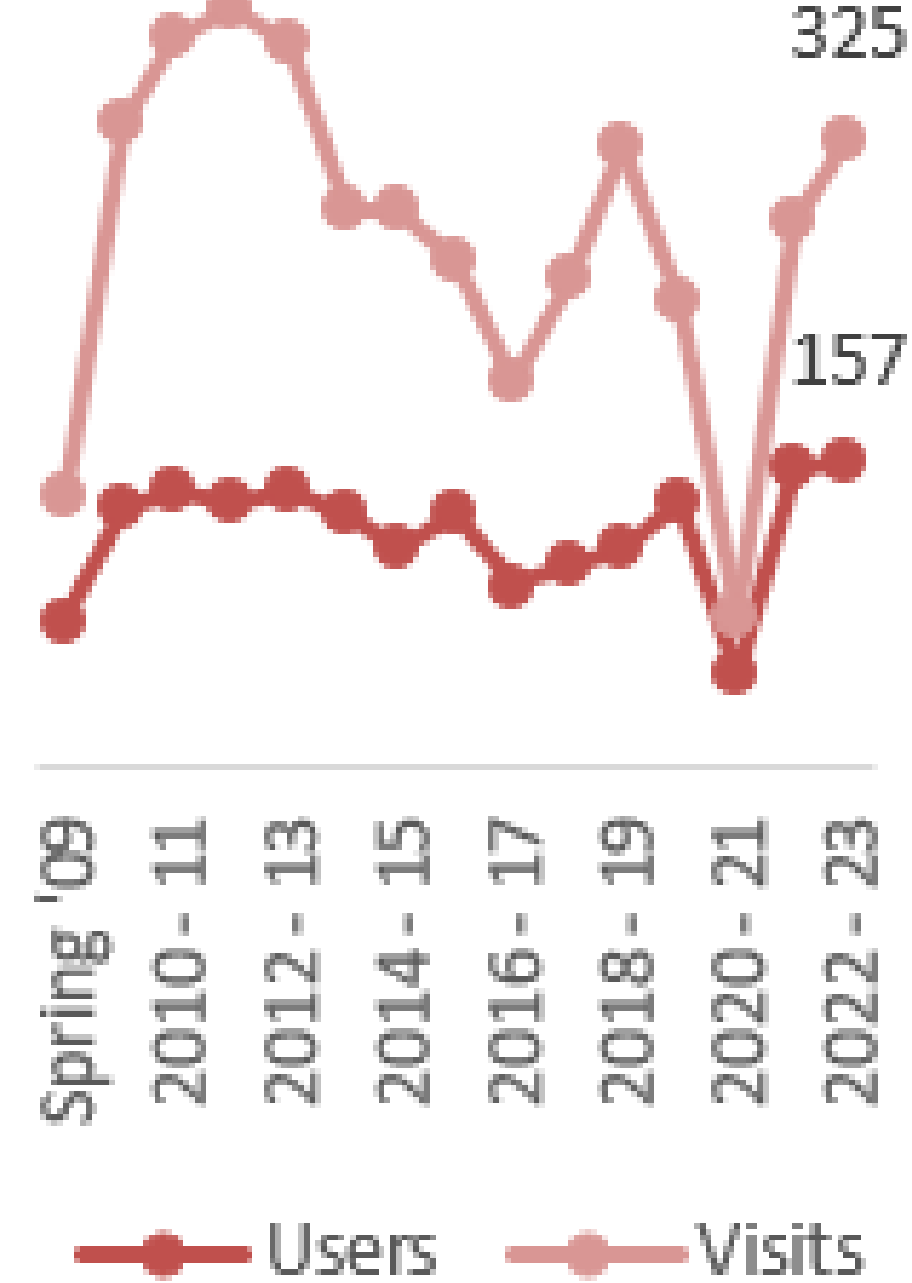


2022-23 SBHC Medical Services

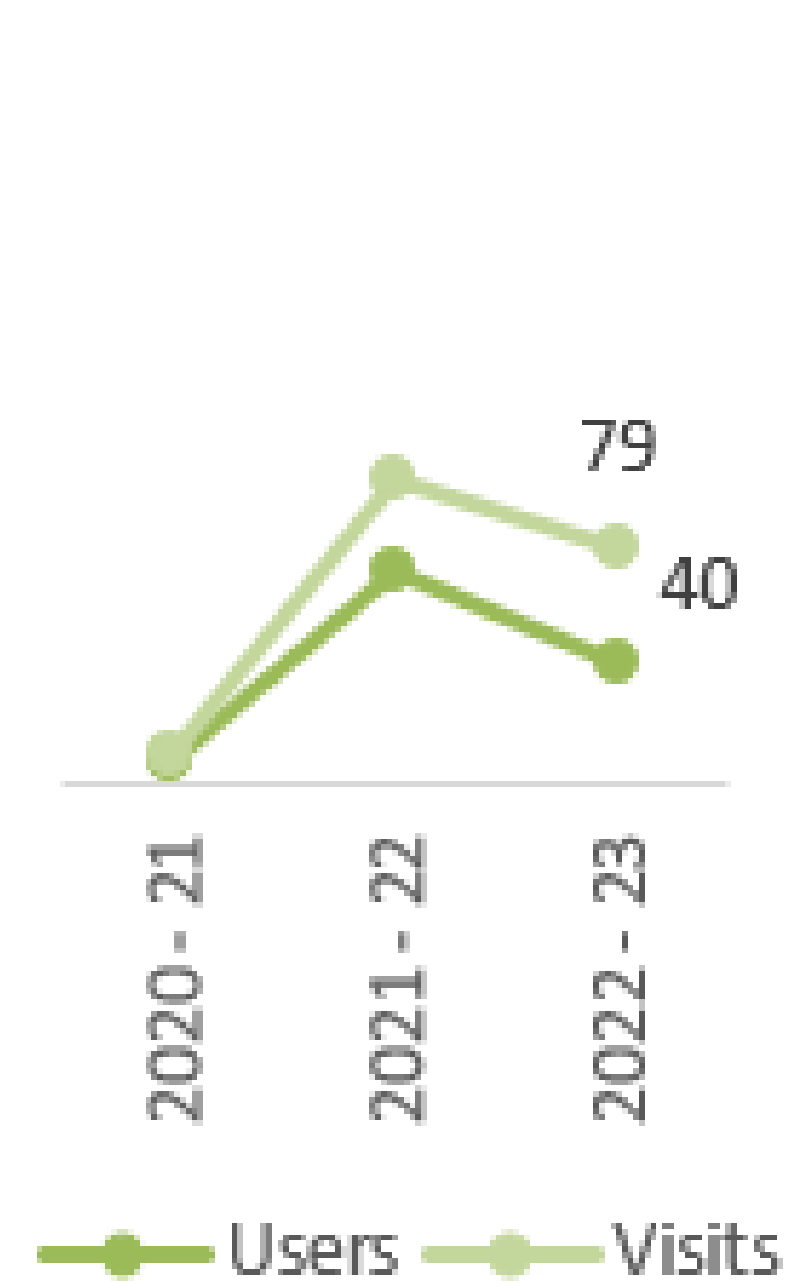
Chimacum: Users and Visits by Year



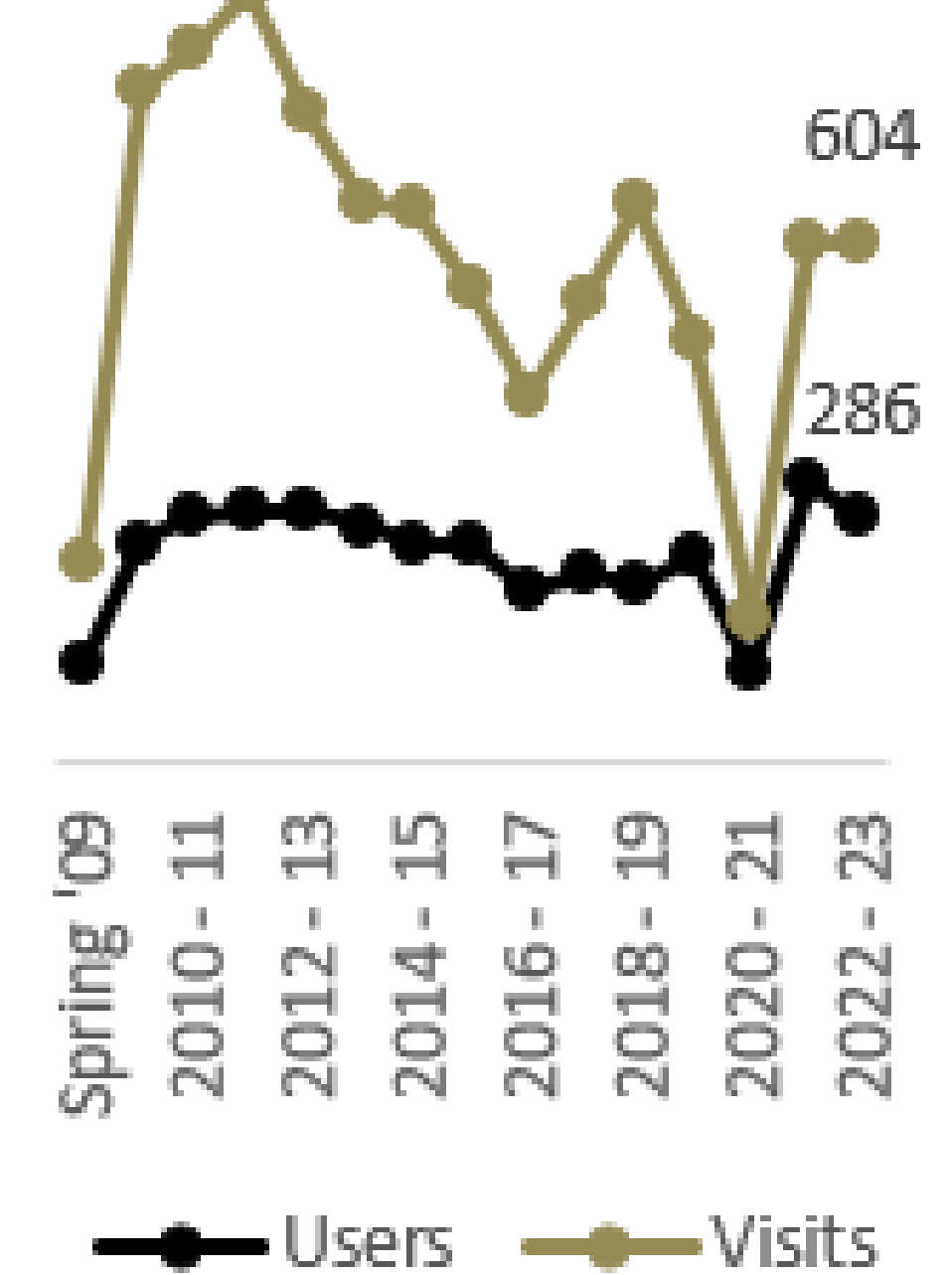
Port Townsend: Users and Visits by Year



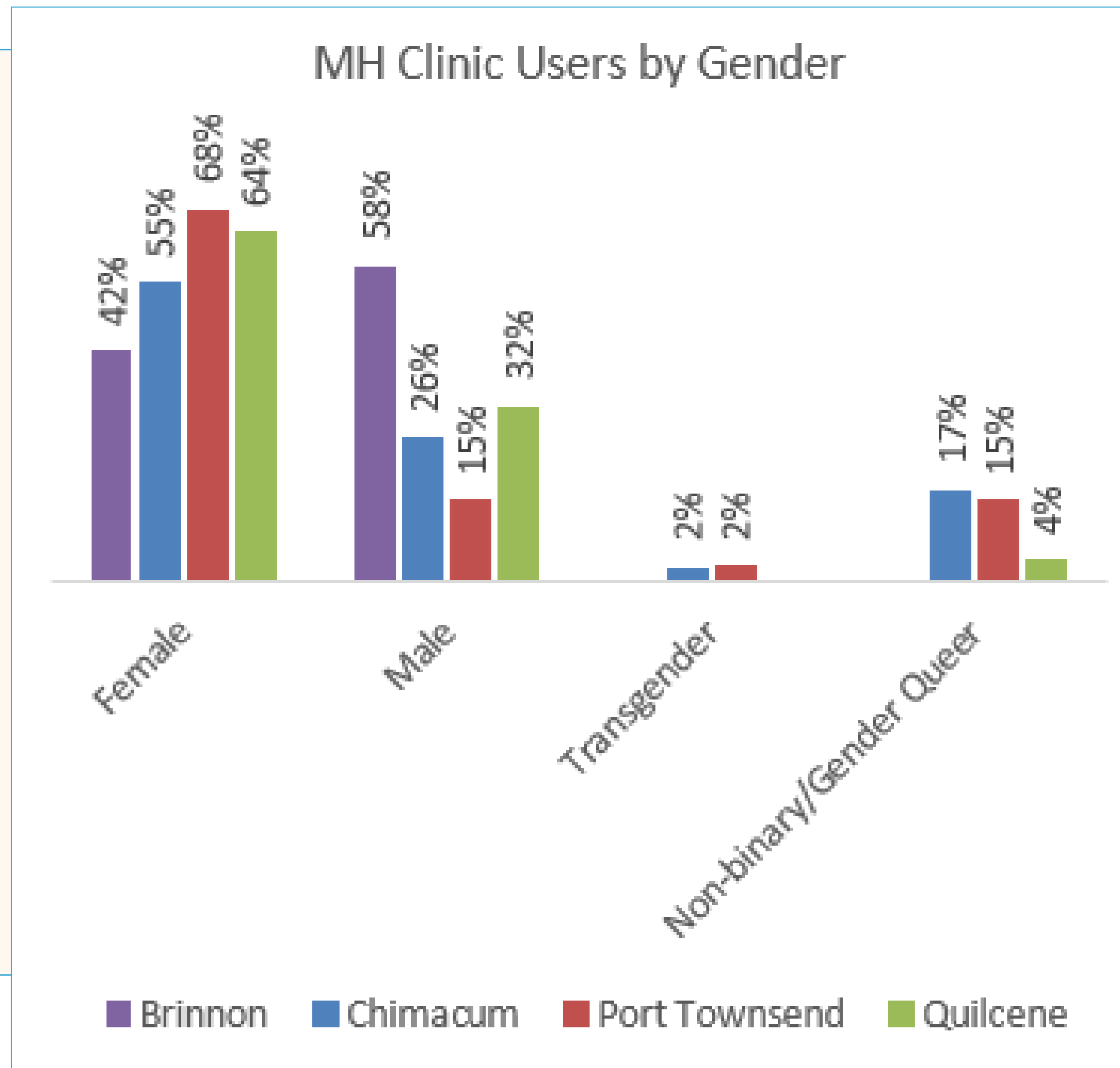
Quilcene: Users and Visits by Year



Total Users and Visits by Year

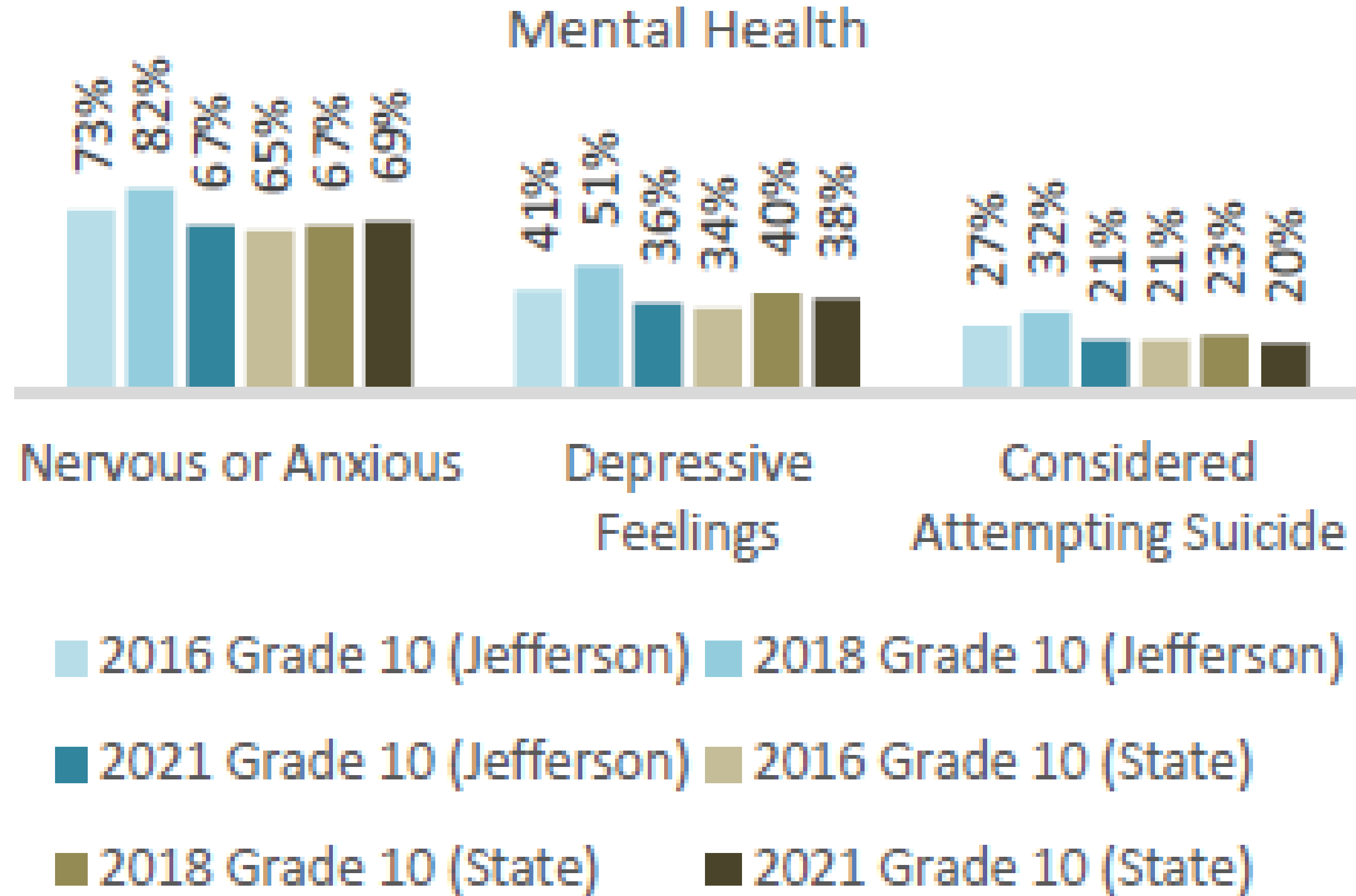


Mental Health Users by Gender

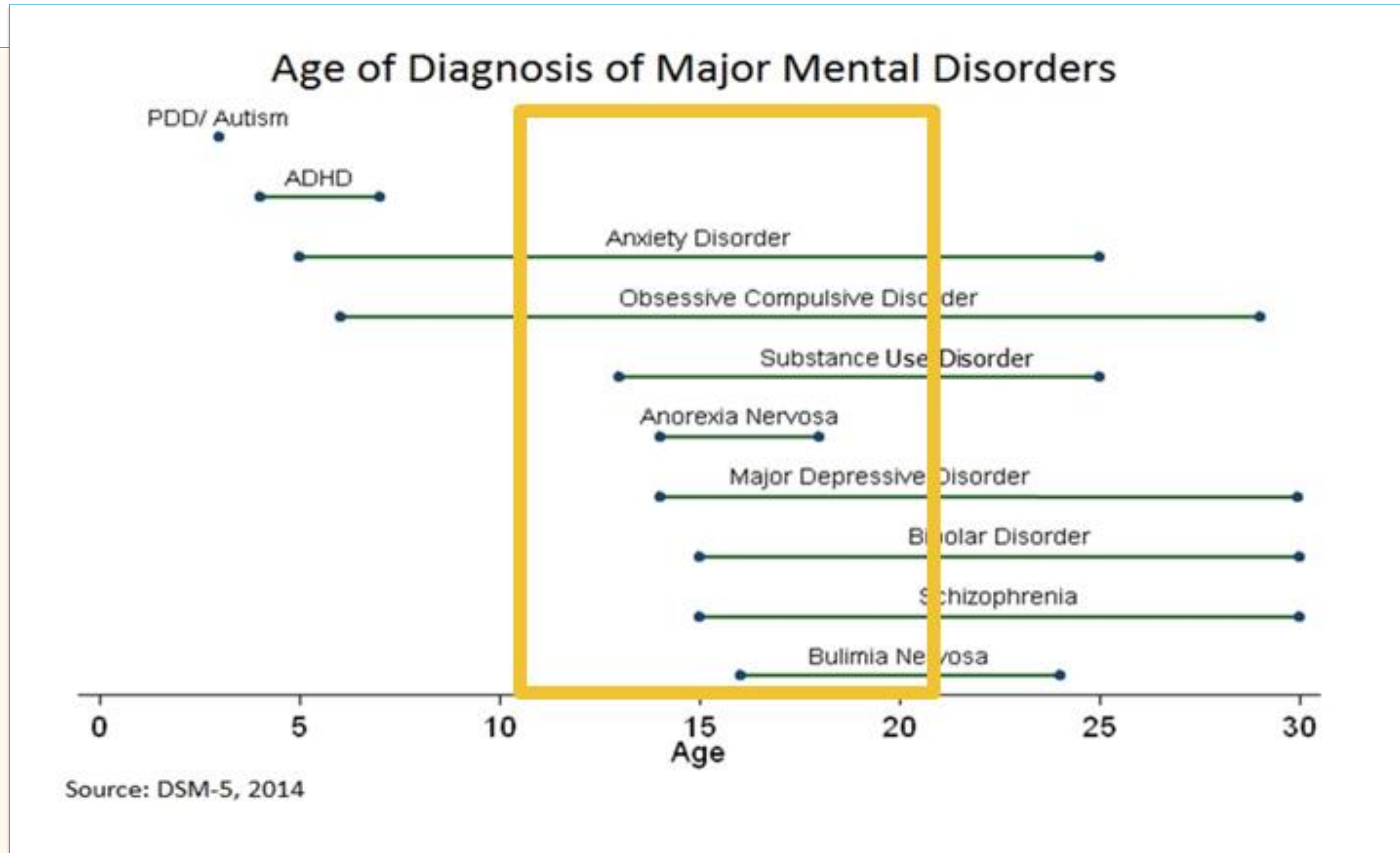


2021 Healthy Youth Survey

State of Jefferson County Youth at a Glance



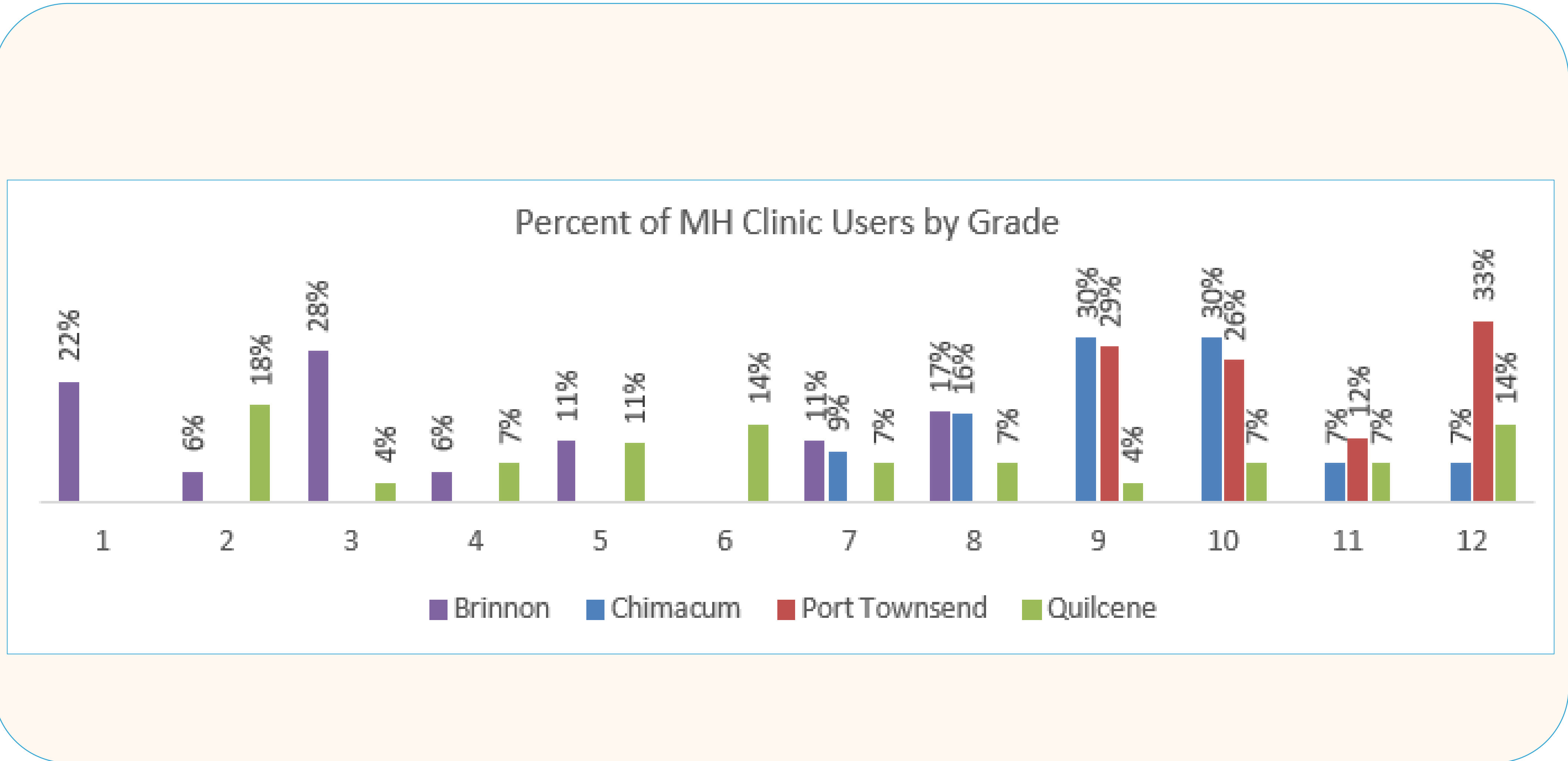
Why We Do This Work



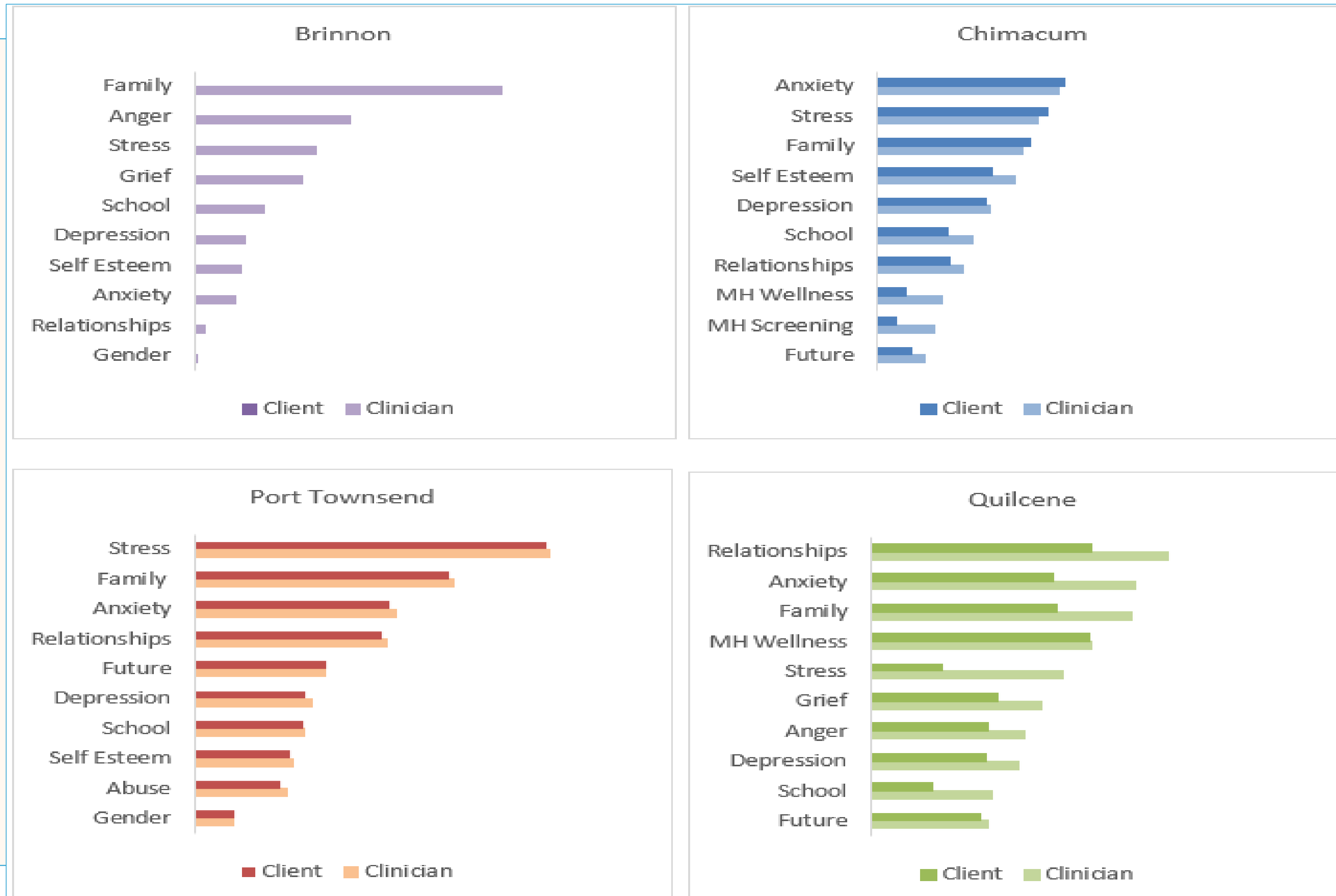
SBHC MH Visits Summary

SBHC MH Utilization Summary					
	Brinnon	Chimacum	Port Townsend	Quilcene	Overall
Total visits	307	203	457	392	1359
Total users	20	47	42	35	144
Clinic days with visits	68	99	95	97	175
Average visits by clinic days ⁴	4.5	2.1	4.8	4.0	7.8
Average visits per month ⁵	31	20	46	39	136
Average visits by client	15.4	4.3	10.9	11.2	9.4
Range of visits by client	1 - 27	1 - 18	1 - 28	1 - 31	1 - 31
Total Enrollment ⁶	G. 1-8: 67	G. 1-8: 420 G. 9-12: 210	G. 1-8: 736 G. 9-12: 437	G. 1-8: 430 G. 9-12: 94	G. 1 - 8: 1,653 G. 9 - 12: 741
Utilization Rate	G. 1-8: 30%	G. 1-8: 3% G. 9-12: 17%	G. 1-8: 0% G. 9-12: 10%	G. 1-8: 4% G. 9-12: 17%	G. 1-8: 3% G. 9-12: 13%

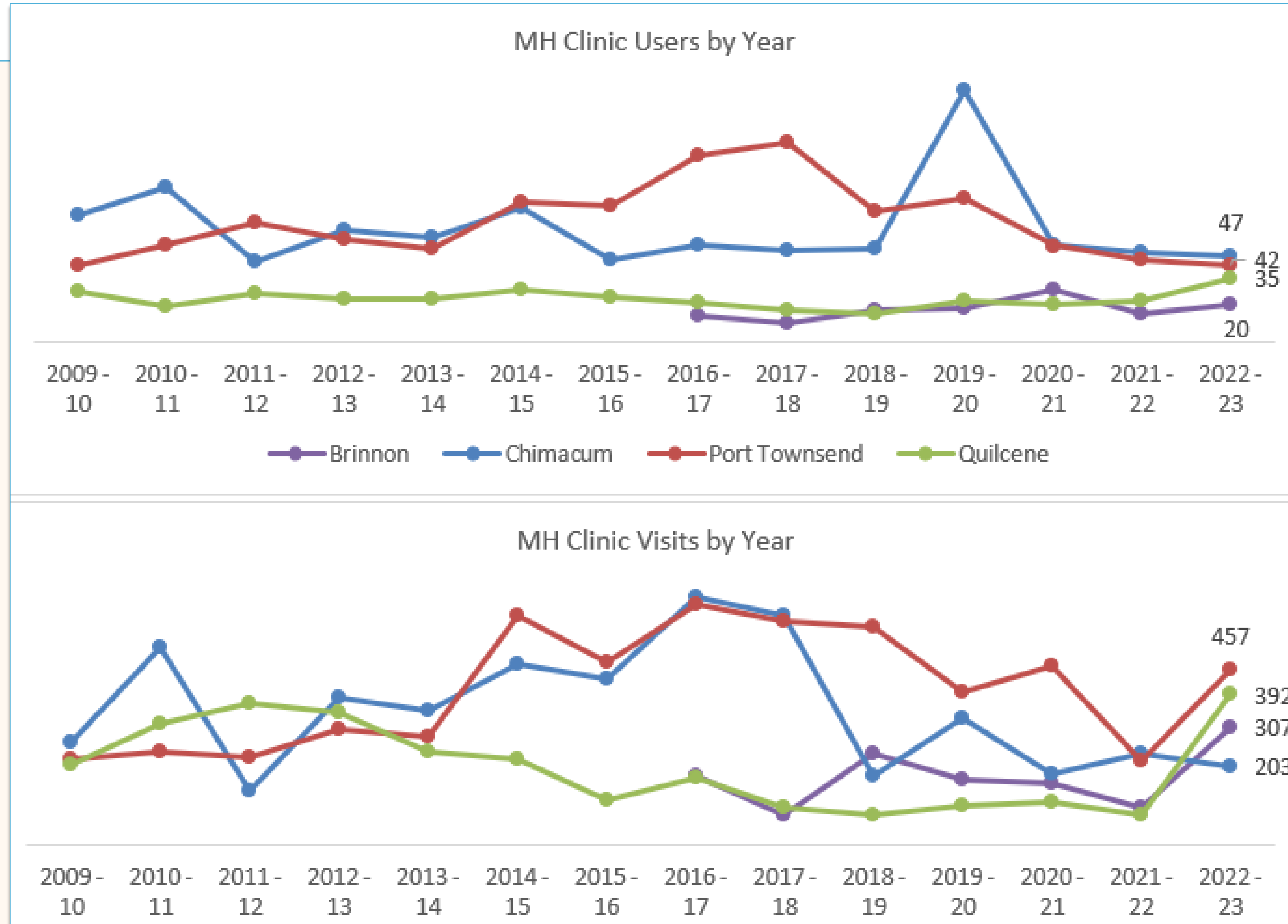
Percent MH Users by Grade



Top Reasons for SBHC Mental Health Visits



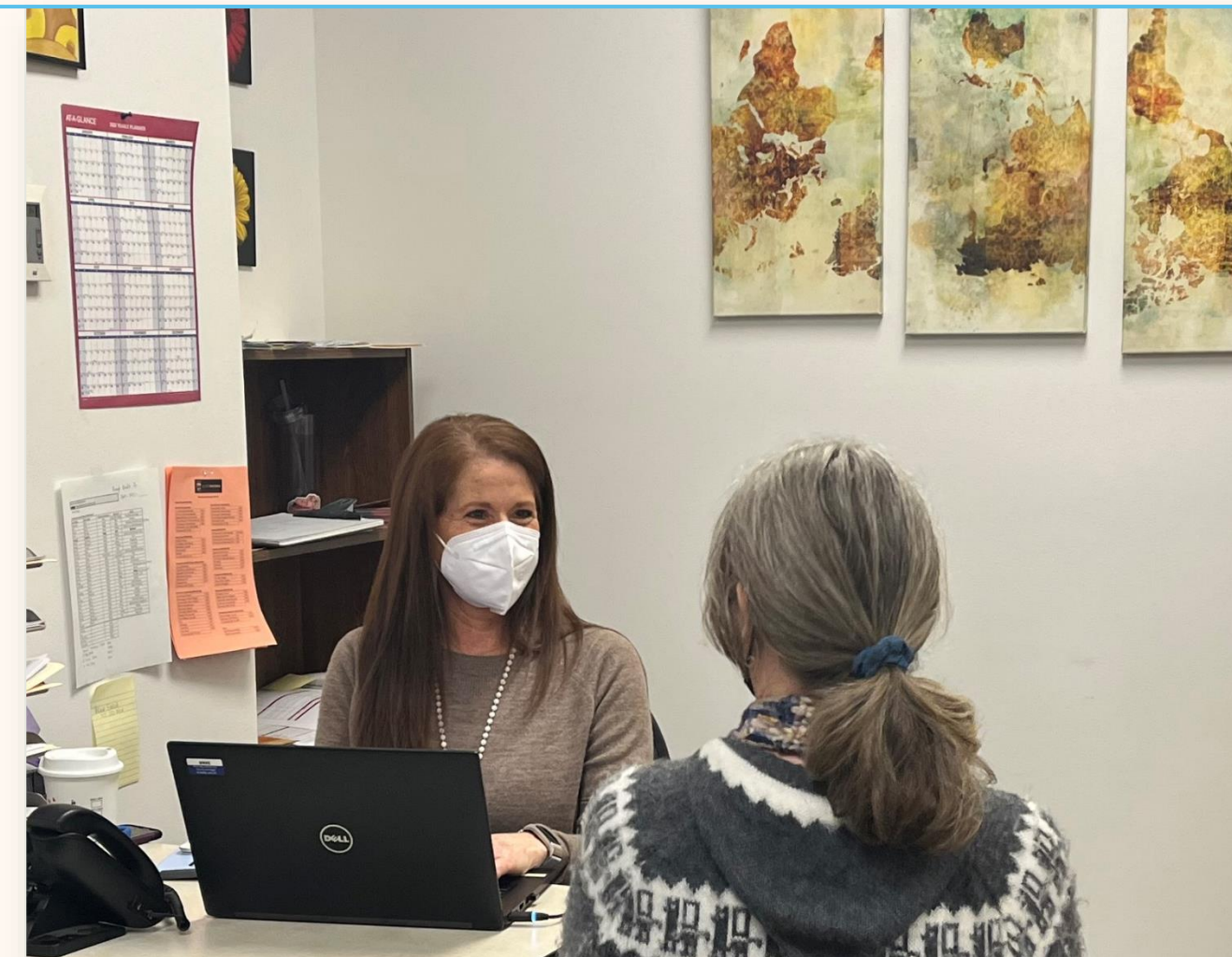
SBHC Mental Health Users and Visits by Year



SBHC DOH Grant Funding – 2023-2025

\$220,000 over two years
or \$110,000 each year

- Continue expanded medical services at PTHS
- Continue expanded mental health services at each school



Current SBHC Services Overview

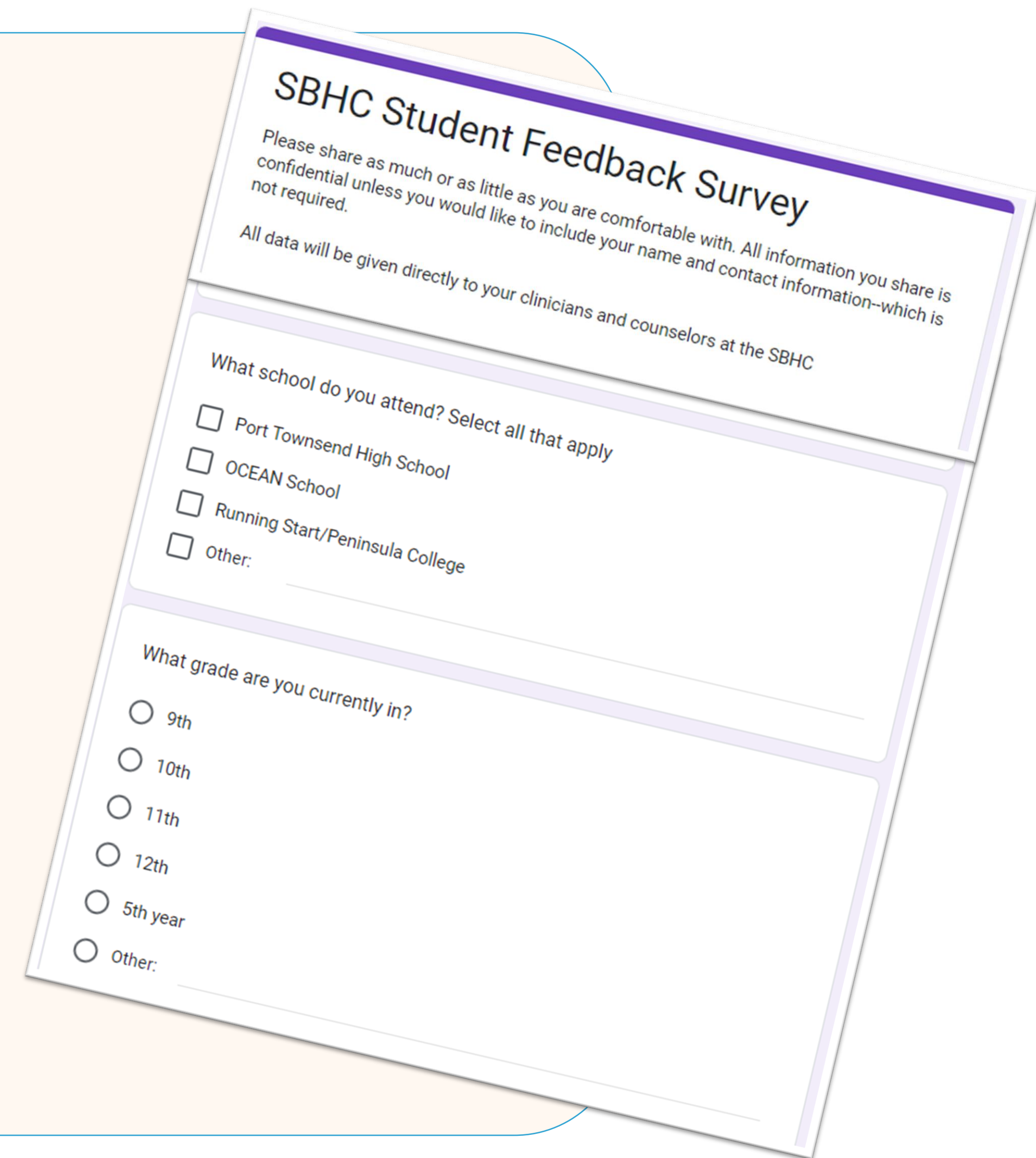
	Port Townsend HS & Blue Heron/OCEAN Team		CHIM Jr/Sr High School Team	
	Provider	Onsite	Provider	Onsite
Behavioral Health Services	PTHS: Andrea Knutson MH Counselor BH/OCEAN: Ali Fulton MH Counselor	M - Th 2.5 days/week	Cynthia Langston MH Counselor	4 Full Days
Medical Services	Susan O'Brien, ARNP Cynde Marx Beate Liebetruh	T, F	Melinda Bower, ND Cynde Marx	T, Th - Full Day

	Quilcene High School Team		Brinnon K-8	
	Provider	Onsite	Provider	Onsite
Behavioral Health Services	Natalie Dettmer MH Counselor	3 Days	Jake Nassiri MH Counselor	M, T - Full Day
Medical Services	Melinda Bower, ND Cynde Marx Eric Vicha, ND	Monday AM Wednesday PM		

Student Outreach and Engagement– Winter/Spring 2023

Extensive student outreach and engagement with Student Feedback Survey, developed and conducted by Ave Avelino, highlighted overwhelming input from high school students underscoring the need for an SBHC at Blue Heron Middle School.

Blue Heron MS/OCEAN
is currently the only
Middle School in
East Jefferson County
without access to SBHC.



SBHC Student Feedback Survey

Please share as much or as little as you are comfortable with. All information you share is confidential unless you would like to include your name and contact information—which is not required.

All data will be given directly to your clinicians and counselors at the SBHC

What school do you attend? Select all that apply

- Port Townsend High School
- OCEAN School
- Running Start/Peninsula College
- Other: _____

What grade are you currently in?

- 9th
- 10th
- 11th
- 12th
- 5th year
- Other: _____

Future Meetings

Thursday, March 14th, 2024

@3:30pm - @ Chimacum library?

Thursday, May 23rd, 2024

@ 3:30PM @Quilcene?

Questions?

Thank You!